

Making Miracles: Inspiring Mind-Methods to Supercharge Your Emotion and Rejuvenate Your Health



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Reviews

An extremely great ebook with perfect and lucid answers. This is certainly for anyone who statte that there was not a well worth looking at. Its been designed in an exceptionally simple way and is particularly only soon after i finished reading through this ebook in which actually transformed me, modify the way in my opinion.

(Libbie Farrell)

MAKING MIRACLES: INSPIRING MIND-METHODS TO SUPERCHARGE YOUR EMOTION AND REJUVENATE YOUR HEALTH

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Jaico Publishing House, Delhi, India. Softcover. Book Condition: New. Miracles are but stupendous feat achieved by men of flesh and blood. It is the zeal, the fervour that prods and goads them to trudge an extra mile. There is absolutely no mumbo-jumbo serenading their extraordinary act. The God-given spirit is in itself a boon to surmount mundane trivialities and transgress into an esoteric realm. The authors, a father-son doctor duo do a tandem act to resonate out this message to the readers. The father's life was tempered by the privation of the 1930s and the fear, then exuberance of the 1960s. From opposite sides of what we once called the generation gap, they join to present their exhilarating science of the human spirit. This is a book about the spirit. It tells you that, your spirit can actually change the biochemistry of your body for the better. The authors recount their doctor patient interlocution to put up the sordid picture of ailments affecting our society. The authors explicate out how thoughts, words and actions get transmuted into bodily constituents chemical and electrical substances that become vanguard messengers coordinating entire gamut of bodily systems viz. immune system and circulatory system taking account of heart and cholesterol in its very ambit. Foxes make available generous doses of the best medicine one can have : Spirit. The spirit conjoins the mind and the body. They teach us that the body cannot be healthy unless the spirit is whole. So the panacea to all maladies lie ensconced in the wondrous joy, belief, love, forgiveness and prayer. The authors put down their generalised prognosis without prognostication. The authors follow diction imbued with humour, fascination and throbs with profundity of pragmatic life. To reap the maximum with optimal utilisation of our faculties remains the biggest challenge to...



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