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# NOT ABOUT BEING GOOD: A PRACTICAL GUIDE TO BUDDHIST ETHICS



Windhorse Publications. Paperback. Book Condition: new. BRAND NEW, Not About Being Good: A Practical Guide to Buddhist Ethics, Subhadramati, While there are numerous books on Buddhist meditation and philosophy, there are few books that are entirely devoted to the practice of Buddhist ethics. Here Subhadramati, an experienced teacher of meditation and ethics, communicates clearly both their founding principles and the practical methods to embody them. She begins by stating that Buddhist ethics don't see human nature as something to be...

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- Authored by Subhadramati
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