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# MEDITATION WITH CHILDREN



Convivium Press. Paperback. Book Condition: new. BRAND NEW, Meditation with Children, Laurence Freeman, This book focuses on teaching meditation to children, who can be naturally and totally present in the moment and are thus capable of pure prayer, prayer of the heart. Meditation can be a powerful way to allow their spirit the deepest possible contact with the Life Source and the space within which to expand. Meditating in a spiritual tradition can help re-balance the whole human system as...

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- Authored by Laurence Freeman
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