

## Read Book

# SUGAR CRUSH: HOW TO REDUCE INFLAMMATION, REVERSE NERVE DAMAGE, AND RECLAIM GOOD HEALTH (PAPERBACK)



HarperCollins Publishers Inc, United States, 2016. Paperback. Book Condition: New. Reprint. 203 x 135 mm. Language: English . Brand New Book. What Grain Brain did for wheat, this book by a leading peripheral nerve surgeon now does for sugar, revealing how it causes crippling nerve damage throughout the body-in our feet, organs, and brain-why sugar and carbohydrates are harmful to the body s nerves, and how eliminating them can mitigate and even reverse the damage. Sugar Crush exposes the shocking...

### Read PDF Sugar Crush: How to Reduce Inflammation, Reverse Nerve Damage, and Reclaim Good Health (Paperback)

- Authored by Richard Jacoby, Raquel Baldelomar
- Released at 2016



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