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# THE SELF-SUFFICIENCY HANDBOOK



Skyhorse Publishing. Paperback. Book Condition: New. Paperback. 192 pages. Anyone considering a shift to a greener way of living must get this inspirational and practical guide. With easy-to-read layouts and simple text, it runs the full ecological gamut, from geothermal heating to crop rotation to soap making. The Bridgewaters, well-regarded garden writers, help readers answer questions such as how much land they really require, whether or not to depend entirely on natural forms of energy, and which farm animals will...

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- Authored by Alan Bridgewater
- Released at -



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