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# YOUNGER SKIN IN 28 DAYS: THE FAST-TRACK DIET FOR BEAUTIFUL SKIN AND A CELLULITE-PROOF BODY



Exisle Publishing (Australia). Paperback. Book Condition: new. BRAND NEW, Younger Skin in 28 Days: The Fast-track Diet for Beautiful Skin and a Cellulite-proof Body, Karen Fischer, 'Your best weapon against skin ageing is your fork!' Beautiful skin is not only for the genetically blessed - everyone can enjoy the self-confidence that comes from looking their best, regardless of age. In 'Younger Skin in 28 Days', award-winning author and nutritionist Karen Fischer reveals how you can firm and tone your skin...

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- Authored by Karen Fischer
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