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Dog Ear Publishing, United States, 2013. Hardback. Book Condition: New. 234 x 156 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Tridoshik Recipes: the food Alchemy is not just another recipe book that can be found on the book shelves but is a unique contribution to the field, brilliantly channelling the everyday food we eat into a catalyst generating a harmonious continuity in wellbeing of body and mind. Backed by a painstaking research spanning 15 years in...

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- Authored by Sharmila Patil Bhagirath
- Released at 2013



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