



Coaching Youth Rugby: An Essential Guide for Coaches, Parents and Teachers

By Keith Richardson

The Crowood Press Ltd. Paperback. Book Condition: new. BRAND NEW, Coaching Youth Rugby: An Essential Guide for Coaches, Parents and Teachers, Keith Richardson, Written by an experienced rugby coach, Coaching Youth Rugby is an essential guide for all coaches, parents and teachers. This one-stop practical resource will give a new coach everything they need to deliver fun, dynamic, player-centred practice sessions and guidance on how to run a team. Coaches at all levels of the game will find material and ideas aimed at helping them to formulate simple strategies to suit their level of player ability.

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