

Begins with Love, Ends with Happiness: The 11 Commitments That Lead to Happiness (Paperback)



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Reviews

Completely among the finest publication I have got possibly read through. It really is rally exciting throgh reading through period. You are going to like how the writer compose this publication.
(Modesta Stamm PhD)

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Fireborn Press, United States, 2015. Paperback. Book Condition: New. Dayna Barley-cohrs (illustrator). 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.An inspirational true story that intimately details author Michael Fireborn s struggles with addiction, depression, disease, and confidence. Michael candidly dives into topics such as genital herpes, sex, religion, drugs, alcohol, and sobriety. Michael takes you to the lowest points of his life when he was overcome with guilt, shame, and anxiety, and then he skillfully explains how he discovered self-love and happiness. If you ve ever felt lost and alone, this book is an excellent companion. Michael s comeback story illustrates how anyone who wants a better life for themselves can call upon their own will-force-power to create a life of true abundance and happiness. Right from the beginning of the book, he challenges you to commit to a higher degree of truth. In fact, throughout the book, he asks you to pledge yourself to what he calls The 11 Commitments. The 11 Commitments are key to the book s impact on the reader. As you complete the study of the book, The 11 Commitments will be your easy reference guide to integrate what was learned into your daily life. The commitments ask a lot of the reader, but what the reader is seeking (happiness, liberation, confidence, and love) requires a certain degree of commitment. The reward for adopting what Michael calls a conscious lifestyle is priceless. Throughout the book, Michael skillfully weaves in reminders that abundance and happiness have very little to do with material gain but, rather, everything to do with your level of love and appreciation for who you are and what you are here on this planet to contribute. Have you found your life purpose, are you living to...



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