



## The All Pro Career Pocket Planner: The Career Fitness Regimen

By Peter Weddle

Weddle's. Paperback. Book Condition: new. BRAND NEW, The All Pro Career Pocket Planner: The Career Fitness Regimen, Peter Weddle, Identifying seven facets to a healthy career, this handy guide - intended primarily for those in transition or those dissatisfied with their current employment situation - suggests practices to address each of them. Offering a comprehensive set of daily, weekly, and monthly activities for building one's professional promise, the Career Fitness Regimen is filled with practical techniques. Straightforward and empowering, this concise guidebook provides tools to strengthen competitiveness in the job market and increases occupational satisfaction by building the capacity to excel.

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