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Reviews

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(Bernadette Baumbach)

MEXICAN RECIPES: 150 FIERY RECIPES SHOWN IN 250 VIBRANT PHOTOGRAPHS

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Anness Publishing. Paperback. Book Condition: new. BRAND NEW, Mexican Recipes: 150 Fiery Recipes Shown in 250 Vibrant Photographs, Jane Milton, The authentic taste of Mexico: 150 fiery classic and regional recipes shown in 250 stunning photographs. Bring the vibrancy of Mexican food to your own table every day with this exciting new cookbook. It includes all the classics such as salsas, tacos, chimichangas and enchiladas, as well as more unusual combinations such as Red Snapper Burritos, Enchiladas with Pork and Green Sauce, Turkey Mole, and Tacos with Shredded Beef. You can find out more about the culinary culture and history of Mexico, how the Mexicans eat, as well as what they eat, with all the key ingredients fully illustrated and explained. Each beautifully photographed recipe is easy to follow and features a complete nutritional analysis of the fat, carbohydrate and salt content. It includes chapters on salsas, soups and appetizers, poultry and meat, fish and shellfish, vegetables, desserts and drinks. Mexican cuisine is as lively and diverse as its fascinating culture. With its fantastic tastes, wonderful fresh ingredients and wealth of regional diversity, Mexican cooking is celebrated the world over. This inspiring book presents popular dishes such as Habanero Salsa, Chicken and Tomatillo Chimichangas, and Beef Enchiladas, as well as exotic regional delicacies such as Yucatan-style Shark Steak, Pork in Green Sauce with Cactus, and Sea Bass with Orange Chilli Salsa. With a guide to authentic ingredients in the Mexican larder, you are assured of successful results every time. Beautifully illustrated with over 250 stunning photographs, this is the perfect guide to a tastebud-tingling cuisine.

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