

## **The Kohut Seminars: On Self Psychology and Psychotherapy with Adolescents and Young Adults**



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*A must buy book if you need to adding benefit. It is actually written in basic phrases and never difficult to understand. I found out this book from my dad and i advised this publication to find out.  
(Miss Camila Schuppe III)*

## THE KOHUT SEMINARS: ON SELF PSYCHOLOGY AND PSYCHOTHERAPY WITH ADOLESCENTS AND YOUNG ADULTS



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W. W. Norton & Company. Paperback. Book Condition: New. Paperback. 336 pages. Dimensions: 8.9in. x 6.0in. x 1.1in. The Kohut Seminars is an edited transcript of a series of seminars from the early 1970s for the Student Mental Health Clinic at the University of Chicago. The book is divided into two sections: the theory of self psychology and case presentations prepared by the clinic staff and Kohuts discussion of the material presented. Heinz Kohuts theories have had a tremendous influence on our thinking about the development of the self. This book highlights the clinical application of those theories. The seminars, focusing on treatment of late adolescents and young adults in a university setting, provide the reader with an unparalleled opportunity to study the spontaneous workings of Kohuts mind as he moved from clinical experience to theory and then back to clinical experiences. After the initial chapters on the theory of self psychology, each chapter opens with a case presentation by one of the seminar participants; these cases provide the basis for Kohuts discussion of clinical issues. Reading Kohuts immediate and yet consistently thoughtful reactions to the case presentations, one can trace the emergence of basic concepts of self psychology. In particular, Kohut uses numerous clinical examples to illustrate the unique function of self-objects for youth in transition to adult life. Elsons notes are especially helpful in pointing out key connections between Kohuts responses here and later theoretical formulations. Those interested in self psychology, as well as all those who work with young people, whether as psychotherapists, teachers or community workers, will be enriched by Kohuts exceptional gift for describing the process by which he arrived at clinical and theoretical formulations. This item ships from multiple locations. Your book may arrive from Roseburg, OR, La Vergne, TN. Paperback.

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