

## **Walking Together: A Mother and Daughter's Journey Through Aging and Alzheimer's (Paperback)**



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### **Reviews**

*This publication is wonderful. It normally is not going to expense too much. Its been printed in an extremely straightforward way in fact it is merely following i finished reading this publication where actually transformed me, modify the way i really believe.*  
*(Russell Adams DDS)*

## **WALKING TOGETHER: A MOTHER AND DAUGHTER S JOURNEY THROUGH AGING AND ALZHEIMER S (PAPERBACK)**

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Createspace, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.The book, WALKING TOGETHER, A Mother and Daughter s Journey Through Aging and Alzheimer s is a memoir of the last eight years of life that the author and mother shared together. The author wrote the book not only to tell the story, but to also reach out and share what they both learned along the way. Her mother lived with her family for eleven years and began developing dementia that slowly grew into Alzheimer s over this time. Eventually her mother needed nursing home care. The author spent over twenty-five years as a teacher of communication skills and psychological consultant to Hospices in the Chicago area and offered her services as an end of life counselor and grief counselor. She was a psychotherapist for the same period of time. She had developed many skills that helped her be with her mother in a positive way, but there were many things to learn that she did not know about in walking through the many years together in the stages often called, the big forgetting. Her book details the stages that she, her husband and her mother took together as they walked through the months, weeks, and days of eight years of forgetting. The author and her mother had a close and friendship based relationship, and had shared over many years conversations about books, friends, politics and family. There was no loss as great as the ones that came about when her mother could no longer see to read, could not remember the grandchildren s names, and could no longer share a cup of tea with her daughter and simply talk the good talk of women everywhere. Because of...



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