



Biting Through the Skin: An Indian Kitchen in America's Heartland (Paperback)

By Nina Mukerjee Furstenau

University of Iowa Press, United States, 2013. Paperback. Book Condition: New. 226 x 152 mm. Language: English . Brand New Book. At once a traveler's tale, a memoir, and a mouthwatering cookbook, *Biting through the Skin* offers a first-generation immigrant's perspective on growing up in America's heartland. Author Nina Mukerjee Furstenau's parents brought her from Bengal in northern India to the small town of Pittsburg, Kansas, in 1964, decades before you could find long-grain rice or plain yogurt in American grocery stores. Embracing American culture, the Mukerjee family ate hamburgers and softserve ice cream, took a visiting guru out on the lake in their motorboat, and joined the Shriners. Her parents transferred the cultural, spiritual, and family values they had brought with them to their children only behind the closed doors of their home, through the rituals of cooking, serving, and eating Bengali food and making a proper cup of tea. As a girl and a young woman, Nina traveled to her ancestral India as well as to college and to Peace Corps service in Tunisia. Through her journeys and her marriage to an American man whose grandparents hailed from Germany and Sweden, she learned that her...

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