

## **Parental Guidance Recommended: How to Raise Emotionally Healthy Children (Paperback)**



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### **Reviews**

*Extensive manual! Its this type of great read through. Sure, it is actually engage in, nonetheless an interesting and amazing literature. Its been written in an exceedingly simple way and it is simply right after i finished reading this pdf through which basically altered me, affect the way i believe.*  
*(Mrs. Mertie Cummerata)*

## PARENTAL GUIDANCE RECOMMENDED: HOW TO RAISE EMOTIONALLY HEALTHY CHILDREN (PAPERBACK)

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Small Poppies International, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.This book for parents details how to guide children and adolescents. The approach is based on the belief that humans are not controlled by consequences (otherwise our prisons would be empty) but instead that we all act to meet our needs. This belief changes everything: it moves the focus from who has the power in a parenting relationship, to who has the need. And its core value is that adults and children have equal rights to get their needs met. Guidance aims to teach children to behave considerately - that is, to think about what happens to others when they act in a particular way. In contrast, rewards and punishments cause children to think about what happens to them when they perform a behaviour: will they get into trouble, get told off, be rewarded with extra computer time. and so on. Therefore, Parental Guidance Recommended teaches parents alternatives to rewards and punishments. The book also focuses on the three equally vital emotional needs of all children: how to give them a deep sense of their worth, to meet their need to belong, and to give children autonomy (or opportunities to be self-governing). When we use rewards and punishments to try to control those children who have a strong need for autonomy (whom I call spirited ), we get into a dance of escalating defiance and anger on the children s part and escalating coercion and anger on ours. Instead, the guidance approach involves listening to children, being assertive, solving problems collaboratively and supporting children to regain self-control when they have a meltdown. On the grounds that when a person is drowning, that is not the time...



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