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# SELENIUM ARE YOU GETTING ENOUGH TO REDUCE YOUR RISK OF CANCER



iUniverse. Paperback. Book Condition: New. Paperback. 172 pages. Dimensions: 9.0in. x 6.1in. x 0.5in. In this timely, fact-intensive book, the author interprets 30 years of peer-reviewed scientific and medical research, including five human clinical trials in the United States and China, which convincingly demonstrate that taking a daily supplement of the essential mineral selenium, with no other changes in lifestyle, can reduce total cancer incidence in at-risk human populations by approximately 37%. With documentation from the literature, the author establishes that...

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- Authored by Edgar Drake
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